

Here's a motivational short story to inspire you to overcome fear – so you can bravely go about your day with courage to do hard things.

If you want to live a life you love, you must develop mental toughness and confidence.

After all, fear is constantly interfering with you [getting what you want in life.](#)

Here's a short story on how to overcome fear

Dope on a Rope (motivation to overcome fear)

There once was this criminal who had committed a crime

(Because, hey, that's what criminals do. That's their job!)

Anyway, he was sent to the king for his punishment.

The king told him he had a choice of two punishments.

He could be hung by a rope.

Or take what's behind the big, dark, scary, mysterious iron door.

The criminal quickly decided on the rope.

As the noose was being slipped on him, he turned to the king and asked:

"By the way, out of curiosity, what's behind that door?"

The king laughed and said:

"You know, it's funny, I offer everyone the same choice, and nearly everyone picks the rope."

"So," said the criminal, "Tell me. What's behind the door? I mean, obviously, I won't tell anyone," he said, pointing to the noose around his neck.

The king paused then answered:

"Freedom, but it seems most people are so afraid of the unknown that they immediately take the rope."