**Padlet wall with shocking facts about smartphone addiction among young people**

1. Find a shocking fact about smartphone addiction among young people and add it to the Padlet wall. The fact should be something that will make people stop and think about the issue.
2. Follow the link to the [Padlet](https://padlet.com/alikikaragkouni/shocking-facts-about-smartphone-addiction-lf3pzs90c16160dl) wall. You can add the facts by typing them into a virtual post-it note and adding it to the wall.
3. Search for reliable sources of information, such as news articles, academic studies, or government reports, to find the facts. Cite the sources.
4. Once you have found the facts, click the link below, or click on the **+** sign on the circle in the bottom right corner, so that you share them with us. Feel free to react to your friends' posts by pressing the like button ❤️. Each group will take turns to present their fact(s) and explain why they think it's/ they’re important.
5. After all the facts have been shared, discuss the impact of smartphone addiction on young people. What do you think can be done to address this issue? Think about your own smartphone use.

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