**NEW YEAR’S RESOLUTIONS**

OUT WITH THE OLD, IN WITH THE NEW

TURN OVER A NEW LEAF

RING IN THE NEW YEAR

* *Did I accomplish everything I wanted to?*
* *What could I have done differently?*
* *What could I have done better?*

*NEW BEGINNINGS – MAKING PLANS – LIFESTYLE CHANGES*

* read more books
* quit a bad habit
* get fit
* be nice to everyone
* lose weight
* volunteer
* recycle more
* study English more
* take safe trips
* journal a few lines a day (capture thoughts and memories)
* make monthly playlists
* try something new each month
* explore new hobbies
* save money
* be current about current events