**Unit 5 – Addictions (Τράπεζα Θεμάτων)**

1. **Read the text and decide if each statement (1-10) is True, False or Not Mentioned.**

Greek law prohibits the sale of alcoholic drinks to children younger than 18 years old, or their entry to bars and clubs. Yet these laws are never enforced and, unfortunately, a lot of these places are even getting away with selling potentially lethal adulterated spirits. Alcohol consumption among teenagers in Greece is widespread, largely because it is considered socially acceptable, even taking place in the home. According to a study on youngsters aged up to 16 by the University Mental Health Research Institute (UMHRI) in Athens, 94.1 percent of respondents in Greece had consumed alcohol at some point. “Alcohol-related harm is the third biggest factor in the rise of morbidity and mortality in Europe. At the same time, it is a legal and very widely available product that is economically important to businesses and states. All of this requires a multidimensional approach to the issue, but under no circumstances should we treat alcohol as something innocent, especially when it comes to young people,” said a clinical psychologist. “Greece is a wine-producing country and drinking wine or other alcoholic drinks is part of the country’s cultural heritage. You cannot imagine a festive dinner without there being wine, beer or some form of alcohol on the table. The question is how societies can hold onto the positive aspects of such cultural traits and avoid the harmful consequences.” “Children in Greece first taste alcohol much sooner than in other European countries and many parents actually encourage their children – wrongly, of course – to taste beer or wine at a very young age,” added the clinical psychologist. This misguided practice tends to be spurred by the belief that it will take the mystique out of alcohol and make children less eager **to get their hands on it**. However, it also breeds familiarity with alcoholic drinks.

1. In Greece, consuming alcohol at bars is legal for adolescents.
2. Greek citizens always follow the rules concerning alcohol consumption.
3. Alcohol consumption among teenagers is common in Greece.
4. Car accidents are the main cause of death in the EU according to a recent research conducted by the University Mental Health Research Institute.
5. In most European countries young people under the age of 18 have never consumed alcohol.
6. Greek people's early exposure to alcohol is largely influenced by the country's culture.
7. Greek families commonly enjoy alcoholic beverages with their meals.
8. Parents in Greece enjoy spending quality time with their children over dinner.
9. Societies must find a balance between the positive and negative aspects of alcohol consumption.
10. Tasting alcohol from an early age makes young people more familiar with alcoholic beverages.
11. **Read the text again and choose the correct option (A, B or C) for items 1-8.**

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| **1.** Who would be most interested in reading this text?  **A.** Grandparents. **B.** The general public. **C.** Doctors. **2**. The aim of this text is to  **A.** analyze Greek legislation. **B.** promote alcohol consumption. **C.** show that alcohol is harmful.**3.** In Greece, it is legal to sell alcoholic drinks to individuals who are | | | | | | | | | | |
|  | **A.** | | under 18 years old. | **B.** | over 18 years old. | | **C.** | | over 13 years old. | | |
| **4.** According to the text, the Greek law about alcohol consumption is | | | | | | | | | | |
|  | **A.** | | never put into practice. | **B.** | sometimes put into practice. | | **C.** | | always put into practice. | | |
| **5.** According to the text, the drinks sold in Greek bars are | | | | | | | | | | |
|  | **A.** | | not always harmless. | **B.** | always harmless. | | **C.** | | full of sugar. | | |
| **6.** Teen alcohol consumption is a problem in Greece because | | | | | | | | | | |
|  | **A.** | | of the absence of strict regulations. | **B.** | the Greek society is rather tolerant. | | **C.** | | alcohol is essential for the country’s economy. | | |
| **7.**  Some Greek parents allow their children to taste alcohol when they | | | | | | | | | | |
|  | **A.** | | get 18. | **B.** | get 16. | | **C.** | | are quite young. | | |
| **8.** In the text, the underlined phrase ‘**to get their hands on it**’ means | | | | | | | | | | | | | |
|  | | | **A.** | to buy something. | | **B.** | to try something. | | **C.** | | to throw something away. | | |

**3. Use the correct form of the following words (A-Κ) to complete the gaps (1-10) as in the example.**

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| **A.** | harm | **B.** | cultural | **C.** | legal | **D.** | producing | **E.** | prohibit |
| **F.** | taste | **G.** | acceptable | **H.** | respondents | **I.** | potentially | **J.** | society |
| **K.** | ~~widely~~ |

**EXAMPLE** The children stared at the fireworks with their mouth **WIDE** open in amazement.

1. The city's vibrant atmosphere is a result of its \_\_\_\_\_\_\_\_\_ population, where various customs and traditions blend harmoniously.
2. The customs officers discovered a hidden compartment in the luggage containing a significant amount of \_\_\_\_\_\_\_\_\_ substances; it goes without saying that the man was immediately arrested.
3. Despite being a foreigner, her genuine kindness and willingness to help others have earned her the respect and \_\_\_\_\_\_\_\_\_ of everyone in the community.
4. Excessive consumption of sugary beverages can have \_\_\_\_\_\_\_\_\_ effects on your overall health, including an increased risk of obesity and dental problems.
5. The chocolate cake was so incredibly \_\_\_\_\_\_\_\_\_ that I couldn't stop eating, savouring every bite of it.
6. You can reduce the \_\_\_\_\_\_\_\_\_ risk of health problems by choosing organic processed foods that have a strictly controlled list of permitted additives.
7. In the interest of maintaining confidentiality, it is strictly \_\_\_\_\_\_\_\_\_ to share any sensitive information from the meeting with external parties.
8. In \_\_\_\_\_\_\_\_\_ to the financial crisis, the government implemented a series of cost-cutting measures to stabilize the economy.
9. The film \_\_\_\_\_\_\_\_\_ team worked tirelessly to capture the stunning landscapes and bring the director's vision to life on the big screen.
10. His consistent refusal to engage in conversations or participate in group activities displayed clear signs of \_\_\_\_\_\_\_\_\_ behaviour leading to his isolation from all of his colleagues and friends.

**4. Fill each gap in sentences 1-10 with the correct word from the box below (A-J). Use each word only once.**

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| **A.** | ban | **B.** | minors | **C.** | potentially | **D.** | tackle | **E.** | rural |
| **F.** | decreased | **G.** | access | **H.** | steadily | **I.** | misguided | **J.** | substances |

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| 1. **1.** | The lack of proper infrastructure in remote villages can limit residents' \_\_\_\_\_\_\_\_\_ to essential healthcare services. |
|  | Herbal remedies often claim to be made from natural \_\_\_\_\_\_\_\_\_, promising alternative solutions for various health problems. |
|  | Engaging in extreme sports without proper training and equipment can expose participants to \_\_\_\_\_\_\_\_\_ dangerous situations. |
|  | The new regulations aim to protect \_\_\_\_\_\_\_\_\_ from exposure to inappropriate content on streaming platforms by implementing strict age verification processes and ensuring that age-appropriate content filters are in place. |
|  | In an effort to protect endangered wildlife, the government decided to \_\_\_\_\_\_\_\_\_ the hunting of certain species within designated conservation areas. |
|  | Despite his good intentions, his advice was often \_\_\_\_\_\_\_\_\_, lacking the necessary expertise to provide accurate solutions to complex problems. |
|  | Over the past few months, the company's profits have been \_\_\_\_\_\_\_\_\_ increasing, reflecting a consistent growth trend. |
|  | The government has launched a comprehensive campaign to \_\_\_\_\_\_\_\_\_ the issue of plastic waste, including initiatives to reduce single-use plastics and promote recycling. |
|  | Regular exercise is known to lead to \_\_\_\_\_\_\_\_\_ stress levels and improved mental well-being. |
|  | Life in \_\_\_\_\_\_\_\_\_ areas often offers a slower pace and a stronger sense of community compared to the hustle and bustle of urban living. |