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PAST TENSE REVIEW

DIRECTIONS: Fill in the blanks with the following tenses. In some cases, more than one tense is possible.

SIMPLE PAST
PAST CONTINUOUS
PAST PERFECT
PAST PERFECT CONTINUOUS

HOW I CHANGED MY LIFE

I go to the Gorgeous Body Health Club four times a week. When I (1) _____ (begin) going there, I (2) _____ (be) in terrible shape. I (3) _____ (not ever go) to a health club before, and I (4) _____ (not eat) right for years. On the day I (5) _____ (join) the club, I (6) _____ (be) thirty pounds overweight, and my girlfriend (7) _____ (worry) about my health for a long time.

On the first day of my new exercise program, I (8) _____ (run) a mile, (9) _____ (swim) twenty laps, (10) _____ (take) a half-hour exercise class, and (11) _____ (sweat) in the sauna. I (12) _____ (think) I was going to die! While I (13) _____ (sweat) in the sauna, I (14) _____ (dream) about going home to an enormous sandwich, French fries, a Coke, and a huge hot fudge sundae!

But at that time, nobody (15) _____ (tell) me about the diet program at the health club. I (16) _____ (change) clothes in the locker room and (17) _____ (think) about my hot fudge sundae when my exercise instructor (18) _____ (come) up and (19) _____ (tell) me that the diet class (20) _____ (just begin) and that I (21) _____ (be) five minutes late. "Diet class?" I (22) _____ (say), horrified. I (23) _____ (tell) him that nobody (24) _____ (mention) such a thing to me.

Well, I somewhat reluctantly (25) _____ (go) over to the diet class. When I (26) _____ (walk) in, a terribly thin young woman (27) _____



(give) a lecture on all the foods we shouldn't eat. She (28) _____ (point) to a list of forbidden foods which she (29) _____ (put) on the blackboard. All my hopes (30) _____ (sink) when I (31) _____ (see) all my favorite foods on the list. Then the young woman (32) _____ (say) that she (33) _____ (come) to Gorgeous Body for two years and (34) _____ (teach) the diet class for six months. She (35) _____ (tell) us she (36) _____ (weigh) 197 pounds when she (37) _____ (start) the program. Of course that (38) _____ (be) very inspiring! Everyone in the class (39) _____ (swear) to come to class regularly and to keep the strict diet.



This (40) _____ (be) all a year ago. One day at lunchtime last week, as I (41) _____ (eat) my spinach salad, I (42) _____ (think) about how my life (43) _____ (change) and how wonderful I (44) _____ (become). I (45) _____ (not eat) a single French fry since I started my diet. I (46) _____ (exercise) two hours a day for the past year. And for several weeks I (47) _____ (think) of entering the Mr. America Contest. I (48) _____

(try) many times to persuade my girlfriend to join the health club and become as healthy and as perfect as I was. However, as I (49) _____ (drink) my nonfat milk, I sadly (50) _____ (remember) that she (51) _____ (recently leave) me. She said that I (52) _____ (become) a new person but that she (53) _____ (prefer) the old me to the thin, vain one. She said it seemed that I (54) _____ (trade in) a pleasant personality for a Mr. America body, and she didn't think it was a good trade.

