

Zero and First Conditionals

ESL Activity Sheet



Activity 1

Complete the rules about the zero and first conditionals using the words from the box.

future (will)	facts	present simple
future	possible	if/when

We use the zero conditional for _____ or things that are always true.

We use the structure: _____ + present simple + _____.

We use the first conditional for _____ situations, normally in the present or _____.

We use the structure: If + present simple + _____.

Activity 2

Put the words in order to make sentences in the zero conditional. Use a comma if necessary.

1. bite / Cats / scared. / are / if / they

2. stressed / When / feels / she / goes / running. / she

3. If / sun cream. / it's / use / I / sunny

4. They / go / always / park / the weather / when / to the / good. / is

5. water / If / plants / they / don't / die. / the / you

Activity 3

Fill in the gaps with the correct form of the verb using the first conditional.

1. If I don't go to sleep now, I _____ (feel) tired tomorrow.
2. You will feel bad if you _____ (eat) all those sweets.
3. I will go to the party if she _____ (go) too.
4. If my parents _____ (let) me go to the park, I will see you today.
5. If you don't drink enough water, you _____ (be) thirsty.
6. They will be sad if you _____ (not/join) the game.

Activity 4

Complete the sentences about yourself using the zero conditional.

1. If I can't sleep, _____.
2. I feel very tired _____.
3. When it's very cold outside, _____.
4. If I feel sick, _____.
5. When I feel very nervous about an exam, _____.

Activity 5

Correct the mistakes in these sentences.

1. If you won't sleep tonight, you will play badly in the match.
2. Thalia will make dinner if we went to the supermarket.
3. If the train arrives on time, we watch the film.
4. William will write a book if he have time.
5. The computer won't works if you hit it.

Disclaimer: This resource has been made for the purpose of teaching English language learners. We know that students can be learning English in many different places, in many different ways and at any age, so we try to keep these resources as general as possible.

There are many acronyms associated with English language teaching. These include (but are not limited to) ELT, TEFL, EFL, ELL, EAL and ESOL. While the term ESL may not fully represent the linguistic backgrounds of all students, it is the most widely recognised term for English language teaching globally. Therefore, we use the term 'ESL' in the names of our resources to make them easy to find but they are suitable for any student learning to speak English.

Answer Sheet

Activity 1

We use the zero conditional for **facts** or things that are always true.

We use the structure: **If/When** + present simple + **present simple**.

We use the first conditionals for **possible** situations, normally in the present or the **future**.

We use the structure: **If** + present simple + **future (will)**.

Activity 2

1. Cats bite if they are scared.
2. When she feels stressed, she goes running.
3. If it's sunny, I use sun cream.
4. They always go to the park when the weather is good.
5. If you don't water the plants, they die.

Activity 3

- | | |
|--------------|---------------|
| 1. will feel | 4. let |
| 2. eat | 5. will be |
| 3. goes | 6. don't join |

Activity 4

Students' own answers.

Activity 5

1. If you **don't** sleep tonight, you will play badly in the match.
2. Thalia will make dinner if we **go** to the supermarket.
3. If the train arrives on time, we **will watch** the film.
4. William will write a book if he **has** time.
5. The computer won't **work** if you hit it.