

Task 1: Brainstorming national dishes

Think of as many national or typical dishes as you can under the following headings:

Your own country	UK	Other countries

Task 2: Discussion Questions

- Have you tried any of these dishes? Which ones? Did you like or dislike them?
- What is your favourite food? What is your least favourite?
- Do you like trying new foods?
- Are there any foods that you wouldn't eat as a child that you eat now?
- Do you prefer your own country's food or other kinds of food? Has your country 'adopted' many foods from other countries?
- If you were living abroad, which food would you miss most from this country?



Task 3: Food vocabulary

In pairs think of a food to match each adjective.

Tastes		Textures	
Adjective	Example	Adjective	Example
sour		soft	
sweet		hard	
salty		chewy	
bitter		crunchy	
bland		crispy	
strong		smooth	
hot		creamy	
spicy		flaky	

Task 4: Now read the following clues and guess what food/dish is being described.

CLUES

This food is soft, and it tastes sweet. It is made from cream, sugar and fruit or chocolate. It is eaten very cold, usually in summer.

This food is crunchy, and it can be salty or sweet. It is often eaten in the cinema.

This food is hard on the outside, but usually soft in the middle. It is very versatile and is used to make lots of sweet and savoury dishes. In the UK people also eat it on its own for breakfast or in a sandwich.

This food is usually hard and crunchy, and it is red or green in colour. People often use it to make desserts, e.g. pies.

Task 5: Write some more clues of your own and see if your partner or the rest of the class can guess which food you are describing.

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